In the coming years, you might find yourself trying to remember the Year of the Pandemic. Use this activity to make a special box to seal up as a time capsule that you can open up in the future. Here’s what to do:

1. Spend some time thinking about how this year has been different, and how your life has changed.

2. Fill in the following pages.

3. Ask an adult for a shoebox, or something similar, that you can decorate and fill. Here are some ideas about what to include besides these pages:
   ♦ Some family or pet photos taken in 2020
   ♦ Local newspaper clippings
   ♦ Any artwork you want to create
   ♦ The handprints of the people living in your home
   ♦ Special memories from your family and friends
   ♦ Artifacts like a face mask, empty hand sanitizer bottle, bar of hand soap, or “CLOSED” sign

4. Tape the box shut, put it in your closet or under your bed, and don’t open it for a few years.
My name _____________________________ Date _______________________________

My height (get a yard stick or a measuring tape and find out!) ________________

My age _________ My grade in school _________ My shoe size ________________

Right now, I am learning

☐ at school
☐ virtually at home
☐ by homeschooling

I love ______________________________________________________________________

I can’t stand _______________________________________________________________

I am very good at __________________________________________________________

I need to get better at ______________________________________________________

I would describe myself as ____________________ and _________________________

My Favorites:

TV Show ____________________________ Sport __________________________
Book _________________________________ School lunch ______________________
Animal _______________________________ Place _____________________________
School subject _______________________ Color _____________________________
Restaurant __________________________ Friend ____________________________
Cartoon _____________________________ Food ____________________________
Song ________________________________ Game ____________________________
Holiday or special occasion ________________________

Toys ______________________________________________________________________

What I am doing to keep busy in the house___________________________________

What I am doing to keep busy outside _______________________________________

Something new I have learned to do _________________________________________

A goal I have for 2021 is ___________________________________________________

My best signature __________________________________________________________
All About Me in 2020

My best friend/s:

____________________
____________________
____________________
____________________
____________________

When I grow up I want to be:

__________________________
__________________________
__________________________

I am thankful for:

_____________________
_____________________
_____________________
_____________________
_____________________

This is what I have learned from this Covid-19 experience:

_____________________
_____________________
_____________________
_____________________
_____________________

Three things I am most excited to do when the pandemic is over:

1.______________________________________________________
   _________________________________________________________
   _________________________________________________________

2.______________________________________________________
   _________________________________________________________
   _________________________________________________________

3.______________________________________________________
   _________________________________________________________
   _________________________________________________________