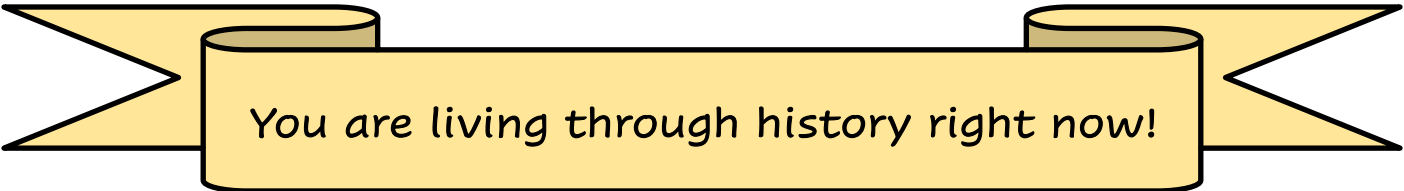


My 2020 Covid-19 Time Capsule



You are living through history right now!

In the coming years, you might find yourself trying to remember the Year of the Pandemic. Use this activity to make a special box to seal up as a time capsule that you can open up in the future. Here's what to do:

1. Spend some time thinking about how this year has been different, and how your life has changed.
2. Fill in the following pages.
3. Ask an adult for a shoebox, or something similar, that you can decorate and fill. Here are some ideas about what to include besides these pages:
 - ♦ Some family or pet photos taken in 2020
 - ♦ Local newspaper clippings
 - ♦ Any artwork you want to create
 - ♦ The handprints of the people living in your home
 - ♦ Special memories from your family and friends
 - ♦ Artifacts like a face mask, empty hand sanitizer bottle, bar of hand soap, or "CLOSED" sign
4. Tape the box shut, put it in your closet or under your bed, and don't open it for a few years.

All About Me in 2020

My name _____ Date _____

My height (get a yard stick or a measuring tape and find out!) _____

My age _____ My grade in school _____ My shoe size _____

Right now, I am learning at school
 virtually at home
 by homeschooling

I love _____

I can't stand _____

I am very good at _____

I need to get better at _____

I would describe myself as _____ and _____

My Favorites:

TV Show _____ Sport _____

Book _____ School lunch _____

Animal _____ Place _____

School subject _____ Color _____

Restaurant _____ Friend _____

Cartoon _____ Food _____

Song _____ Game _____

Holiday or special occasion _____

Toys _____

What I am doing to keep busy in the house _____

What I am doing to keep busy outside _____

Something new I have learned to do _____

A goal I have for 2021 is _____

My best signature _____

All About Me in 2020

My best friend/s:

When I grow up I want to be:

This is what I have learned from this Covid-19 experience:

I am thankful for:

Three things I am most excited to do when the pandemic is over:

1.

2.

3.
