



We All Scream for Ice Cream!!!

Read:

June is National Dairy Month! What a great time to learn a little bit of Marshall County history while enjoying your very own homemade ice cream. Before people had refrigerators, it was hard to keep milk, cream, cheese and other dairy products from spoiling, so people would buy them in small amounts and use them up quickly. Because of that, there were many small dairy farms all over the county, and a milk man would deliver milk, cream and other dairy products door to door almost every day.

When refrigerated trucks came along, and milk products could be kept cold, some dairies got very big. One of these was the Schlosser Brothers Dairy. Even though they started in Marshall County, they grew to be the biggest dairy in Indiana! They bought milk and cream from the smaller dairies and brought it all to their factory. Then they made all kinds of dairy products, especially ICE CREAM, and sold them in grocery stores.

That's how we usually buy our ice cream - from the grocery store, but below is a recipe for making your own ice cream.

Do:

1. Open a quart-size plastic bag and pour in 1/2 cup of half and half, 1 tablespoon of sugar and 1/4 teaspoon vanilla. Seal the bag, squeezing out as much extra air as possible.
2. Place that bag into the second quart-size bag and seal it to ensure the ice cream mixture doesn't leak.
3. Add five cups of ice and 1/2 cup of rock salt to the gallon-size bag along with the doubled-up quart-size bags.
4. Now it's time to shake! Put on a pair of gloves because the mixture gets very cold, then shake the bag for five to ten minutes, or until the mixture starts to solidify. If the ice melts too quickly, add another cup of ice into the larger bag.
5. Once the ice cream gets pretty solid, scoop it into a bowl and add any toppings that you like - sprinkles, fruit, chocolate syrup, etc.
6. Enjoy!

Materials:

- Half and half cream
- Sugar
- Vanilla extract
- 2 quart-size zip top bags
- 1 gallon-size zip top bag
- Measuring cups and spoons
- Rock salt
- Ice
- Gloves
- Sprinkles or other toppings (optional)